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“This book will not please everyone, but it cries out to everyone who is wondering how we got to where we are. It pleads for a change in the medical and public culture to ask honest but hard questions about our diagnosis and treatment goals. This book sets out to change the way we look at disease and weigh the opportunity to intervene. It begs the question – are we helping?”

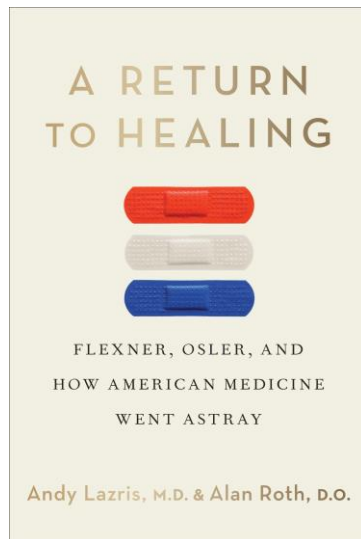
—**Edward T. Bope, MD, Clinical Professor, Department of Family Medicine, The Ohio State University and past chair of the American Board of Family Medicine**

A RETURN TO HEALING:

Flexner, Osler, and How American Medicine Went Astray

By **Dr. Andy Lazris and Dr. Alan Roth**

****On Sale March 25, 2025****



Despite America’s reputation for medical advancements, our healthcare system remains deeply flawed, plagued by high costs, bureaucratic inefficiencies, and a fixation on metrics rather than on patient well-being. For patients and providers alike, this system often prioritizes profit-driven protocols over compassionate, personalized care, resulting in a growing distrust among those it serves.

In **A RETURN TO HEALING: Flexner, Osler, and How American Medicine Went Astray** (University of Toronto Press; March 25, 2025), Dr. Andy Lazris and Dr. Alan Roth explore how American medicine reached this crisis point—and how we can get back on track.

With over 75 years of combined experience, Drs. Lazris and Roth trace the roots of our healthcare challenges to the early 20th century, when the 1911 Flexner Report, backed by powerful industry leaders, transformed medicine from a hands-on healing profession into a research-centered, numbers-driven industry. Through compelling patient stories and a critical

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examination of history, the authors contrast the prevailing approach with the compassionate, patient-centered philosophy advocated by William Osler—a vision that, if revived, could restore trust and efficiency to American healthcare.

Written for both patients and policymakers, **A RETURN TO HEALING** offers pragmatic advice for navigating today’s healthcare landscape and provides actionable insights for reforming it. By shedding light on the origins of systemic issues like over-treatment and the prioritization of “fixing numbers” over genuine care, Drs. Lazris and Roth empower readers to become more informed patients and advocates for a healthcare system that is both sensible and humane.

With COVID-19 underscoring the urgent need for effective, compassionate care, **A RETURN TO HEALING** is both timely and essential.

A RETURN TO HEALING:

Flexner, Osler, and How American Medicine Went Astray

By Dr. Andy Lazris and Dr. Alan Roth

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Andy Lazris, MD, is a physician practising primary care and geriatric medicine in Maryland. As a Certified Medical Director, he orchestrates medical care and provides education for several long-term care facilities, frequently giving talks about health issues throughout the community. He is a Baltimore Top-Doc multiple years running and regularly writes op-eds and scholarly articles about our health care system, working to make it more sensible for patients and physicians. He has written multiple books, including *Curing Medicare* and, with Erik Rifkin, *Utilizing Effective Risk Communication in COVID-19*.



Alan Roth, DO, is a physician practicing family medicine and palliative care in New York. He is chairman of the MediSys Health Network Department of Family Medicine and Ambulatory Care. He is the recipient of numerous awards, including “NY Magazine Best Doctor,” and was featured in TIME magazine as a Guardian of Healthcare during the COVID-19 pandemic. He is a professor of family medicine at NYIT’s College of Osteopathic Medicine and an assistant professor of social and family medicine at Albert Einstein College of Medicine.